



S.T.A.B.L.E. Program

The IWK Health Centre is offering an education program focusing on the pre-transport stabilization of sick and premature infants. This program, titled “S.T.A.B.L.E.” was developed by a neonatal nurse practitioner at Primary Children’s Medical Centre in Salt Lake City, Utah, in 1985. It has been successfully implemented in Newfoundland/Labrador since 1997 and in the Maritimes since 1999.

S.T.A.B.L.E. is coordinated by the IWK Health Centre and is endorsed by EHS LifeFlight. The program is taught by neonatal nurse practitioners, neonatal transport nurses and respiratory therapists.

This program is open to all staff involved in the care of newborns. It is designed to assist nurses, paramedics, and physicians with a concise, easy to remember tool to help organize the tasks required to stabilize a sick infant prior to transport.

The program can be taught at interested hospital/health centres by S.T.A.B.L.E. instructors.

For more information on the S.T.A.B.L.E. Program, contact:

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